

COACH

Collaborative Opportunities to Advance Community Health

Funded by The Hospital and Healthsystem Association of Pennsylvania and participating hospitals and health systems, COACH is an initiative that brings together hospital/health system, public health, and community partners to address community health needs in southeastern Pennsylvania. Facilitated by Health Care Improvement Foundation since launching in 2015, COACH has provided a structure for participants to explore collaborative implementation strategies as hospitals/health systems respond to community health needs assessments (CHNA) through implementation plans mandated by the Affordable Care Act.



Many challenging health problems arise from social issues that cannot be effectively addressed by one stakeholder alone. Through a collective impact approach, COACH gives participants an opportunity to make real progress together in addressing the underlying social needs that give rise to poor health.

8 HEALTH SYSTEM TEAMS

Representing 18 local hospitals



Abington-Jefferson Health • Children's Hospital of Philadelphia • Einstein Healthcare Network • Redeemer Health • Jefferson Health • Penn Medicine • Temple University Health System • Trinity Health Mid-Atlantic Region

18 PARTNERS

Public health, community, & insurer partners



American Heart Association • Benefits Data Trust • Drexel University Center for Hunger-Free Communities • Coalition Against Hunger • Delaware Valley Regional Planning Commission • Food Connect • The Food Trust • Farm to Families • Greener Partners • Health Federation of Philadelphia • Health Partners Plans • Keystone First • Montgomery County Health Department • Philabundance • Philadelphia Association of Community Development • Corporations • Philadelphia Department of Public Health • Share Food Program • United Way of Greater Philadelphia and Southern New Jersey



Sponsored by
The Hospital and Healthsystem Assoc. of PA
Robert G. Shipp III, PhD, BSN, RN, NEA-BC
Vice President, Population Health and Clinical Affairs
rshipp@haponline.org



Facilitated by
Health Care Improvement Foundation
Kelsey Salazar, MPH
Director, Population Health
ksalazar@hcionline.org



COACH participants identified improving access to healthy food as an effective way to help at-risk patients and families prevent or better manage chronic disease.

Food insecurity is the lack of consistent access to sufficient nutritious food necessary to lead a healthy life.

The main drivers of food insecurity include poverty and systemic racism that create a lack of access to affordable housing, health care, education, and employment for certain neighborhoods and populations.

Nationally, 10.2% of households are affected by food insecurity, and in Philadelphia, nearly 16% of residents are affected.

Food insecurity is associated with poor physical and mental health outcomes, high prevalence of chronic illnesses, high health care utilization and spending, and adverse effects on child development.

Food Security Initiatives



Identify and connect patients who are interested to resources and programs that help them access healthy food.



Expand this model of identification and resource connection to other key social needs.



Strengthen community-clinical partnerships to meet patient needs on multiple levels and through multiple pathways.



Create a shared toolbox by testing new models of food access programming, developing training and resources, and fostering shared learning.



In a health care system, trauma can affect everyone, from patients and their families to providers and staff. COACH participants are focused on addressing trauma to create a culture of healing, starting within hospital walls and spreading throughout communities in greater Philadelphia.

Trauma results from experiencing events that are harmful or life-threatening, which overwhelm a person's ability to cope over time. These experiences cause lasting negative effects on a person's physical, mental, and developmental well-being. A large body of research, including critically important studies on Adverse Childhood Experiences, shows that early trauma can affect people's health and wellness later in life.

Trauma Informed and Healing Centered Practice

COACH's coordinated approach to advancing trauma-informed and healing centered practices assists participating organizations to:



Support health system teams in creating and implementing Action Plans to promote practices outlined at right.



Create organizational infrastructure for supportive resources that promote self-care, safety, and compassion satisfaction.

Staff Resilience and Supportive Resources

Training and Awareness



Healing-Centered Patient Care

Leadership & Institutional Engagement